## SAVE A LIFE

# RESPONDING TO AN OVERDOSE

#### **STIMULATION**

Yell their name or shout: "hey" or "wake up."



Sternum (Chest) Rub - glide knuckles up & down sternum 5-10 seconds.



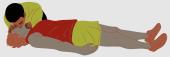
#### **CALL FOR HELP**

Call 911 - "Someone has overdosed" or "Someone is unresponsive."



#### **RESCUE BREATHING**

Check mouth is empty and give rescue breaths.



#### **GIVE NALOXONE**



Administer Naloxone - If they are still unconscious 2-3 minutes after first dose, repeat rescue breaths and administer naloxone again.

### **RECOVERY POSITION**

Hand supports head. Knee bent over other leg. Chin/head tilted back. Stay until help arrives.





### **KNOW THE FACTS**

# RECOGNIZING AN OVERDOSE

# SIGNS OF AN OVERDOSE



Sleepy/Unresponsive



Shallow Breathing Snoring/Gurgling



**Tiny/Pinpoint Pupils** 



Blue Lips, Nails, or Skin



Cold/Clammy Skin



Vomiting



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